



# North Talk

## FULHAM NORTH PRIMARY SCHOOL

Cheadle Street, HENLEY BEACH SA 5022

Phone 8356 9272 Fax 8235 1301

[www.fulnorthps.sa.edu.au](http://www.fulnorthps.sa.edu.au)



Government of South Australia  
Department for Education

Term 2  
Week 1  
3 May 2018

### ★ ★ ★ Dates to remember ★ ★ ★

Friday 4 May	Sausage Sizzle lunch	
Wednesday 9 May	Mothers' Day Stall	Whole School
Thursday 10 May	Assembly Run by Room 12	Gym at 2.25pm
“ “ “	Cross Country	Barrat Reserve, West Beach
Tues 15 May to Thurs 17 May	NAPLAN	Years 3, 5 & 7
Tuesday 15 May	Finance meeting	Staff room at 5pm
Thursday 17 May	Marine Centre excursion	Rooms 22 & 23
Friday 18 May	Walk Safely to School Day	
Monday 21 May	Governing Council meeting	Staff room at 7pm
Thursday 24 May	Assembly Run by Room 2	Gym at 2.25pm
Tuesday 29 May	Performing Arts Night	Details to follow
Friday 8 June	Planning Day	School closed
Monday 11 June	Queen's Birthday Public holiday	School closed
Wednesday 13 June	Open Morning for prospective families	From 9.30am
Wednesday 27 June	Rap, Rhythm and Rhyme Evening	Details to follow

Dear Parents and Carers,

Welcome back to what will be a busy term two.

I trust everyone had a good break and that we are all keen to get back into the routines of school life. We have lots of things planned for this term including Performing Arts Night, Rap Rhythm and Rhyme evening, Excursions, Book Week, NAPLAN and our Professional Learning School Closure day.

#### MOVIE NIGHT

The Movie night was a huge success with over 450 people attending and enjoying the movie, the popcorn, the drinks and sausage sizzle. A huge thanks to all of the staff and Governing Council Members who volunteered to assist during the evening and a huge thanks to our Learning Community who supported the night.

The movie night raised almost \$4000 and the money will all go towards more resources for our fantastic STEM centre. It would not have been as successful if we did not have such a large number of generous local business houses that supported us. A comprehensive list will be shown in the

Week 3 newsletter. (I urge all of you to consider these businesses in the future).

#### NAPLAN

This year's National Assessment Program Literacy and Numeracy will take place in week 3 of this term for all students in years 3, 5 and 7. The test areas are Language Conventions, Writing, Reading, and Numeracy.

The tests are run over a few days and students have been prepared for the testing by their class teachers so that they are familiar with the type of test and are confident to do their best on the day.

*Parents may choose to withdraw their children from the tests. All request need to be made in writing to me.*

#### ANZAC DAY DAWN SERVICE

It was great to see so many Fulham North families at the Anzac Day dawn service. It really is such an important day for all to remember those that sacrificed so much for us. A big thanks to School Captains, Ella Stone and Robert Bracci

for representing the school and laying a wreath in honour of the fallen soldiers.

Kind regards

Steve Marshall



### **NEWS FROM MR RAWLINGS**

Cross Country Running students have received information about the Airport/Western SAPSASA Cross Country Championships to be held on Thursday, 10 May at West Beach. I'm sure Mr Selfe is hoping for many personal bests on the day.

### **FOOTBALL AND SOCCER**

School Football gets underway this Saturday morning with Soccer commencing next Saturday. All the best to everyone who is participating in these games. Many thanks to the coaches and managers of all the school teams as events like these do not just happen. A huge amount of work goes into organising the teams, registration and team management. Please be respectful of all officials during games and encourage the players at all times. Poor behaviour from parents is unacceptable and will not be tolerated. A friendly reminder that all of our school teams are coached or managed by volunteers who give up their time to provide sporting opportunities. Please support these people and help out when you can! Soccer tops and fixtures will be handed out early next week.

### **WALK SAFELY TO SCHOOL DAY**

It is National Walk Safely to school day on Friday, 18 May. It's a great opportunity to get out and be active and to help our environment at the same time by leaving the car at home. We encourage as many students as we can to walk or ride (bikes, scooters) to school and participate in this great initiative. For those who live a little further away from school you may wish to drive some of the way then park the car a short distance from the school and walk the rest. Alternatively you may wish to walk with a teacher to school!!! Teachers will be at meeting points near the school ready to walk with children:

- Henley Memorial Oval, Cudmore Terrace
- Cheadle Reserve, Cheadle Street
- East Parkway, Riverside Drive

Teachers will be departing these locations at 8.20am SHARP so don't be late! So come on and be active and Walk Safely to School! Walking to school also promotes a healthy lifestyle and supports the work we do at school with regard to fitness and being active.

### **ATHLETICS DAY**

Unfortunately we have had to cancel Athletics Day again due to the wet weather. We were hoping to hold the running events during the day at school today but the much needed rain has interfered with our plans. Hopefully we will be able to run these events at a later date during the year.

Keep active

*Kristian Rawlings*

DREAM BELIEVE CREATE SUCCEED!

## ***SCHOOL NEWS***

### **MOTHERS' DAY STALL**

The Mothers' Day stall will be our next fundraiser for the year. We have lots of little gifts for your child to select from, ranging in price from \$2 to \$6. The stall will be held on Wednesday, 9 May from 9am until 11am. Students will visit the stall in their class groups.



### **PREMIER'S READING CHALLENGE**

Congratulations to the following students who have successfully completed the Premier's Reading Challenge of reading 12 books. Remember you can read four books of your own choice and 8 from the reading challenge list. The list is available online at <http://www.premiersreadingchallenge.sa.edu.au> and all PRC books are clearly labelled in our library. Keep reading everyone!

Room 23 Taya Tarasenko

Room 18 Jordi Thomas

### **RACHEL'S PCW CORNER**

Hi, I'm Rachel Tatera, the Pastoral Care Worker at FNPS. My role as PCW is to provide a chaplaincy service to support the wellbeing of students, staff and families in the school community. I will be at school on Thursdays and Fridays and can be contacted on [rachel.tatera905@schools.sa.edu.au](mailto:rachel.tatera905@schools.sa.edu.au)



Holidays are great, but so is routine and sleep. Sleep is extremely important for kids and adults alike. Here are three purposes sleep serves us.

Firstly, when you sleep, you grow. That's because the pituitary gland only realises the growth hormone when we are in deep sleep. So kids (not when they go to bed) but when they sleep is when they grow.

The second thing that sleep does is that it helps set our metabolism. We know that our metabolism changes when we sleep better as it regulates fullness and hunger.

The third reason why sleep is important is because it resets our mood. Sleep is very restorative which means we function and think through things better when we sleep well, if not, we get very grumpy and moody. When kids get good restorative sleep, they can take what happened during the day, incorporate it in their brain, and can restore themselves to a good base line for the next day and wake up happy.

Information from Cara Natterson, MD Paediatric and Author.

<https://www.kidsinthehouse.com/playlist/must-see-sleep-videos?id=3185#playvid/3185>

## *SCHOOL AWARDS*

### **MATHS WIZZ CERTIFICATES**

Siena Condina	Olivia Fazzalari
Jade Rocca-Day	Peter Paraskevopoulos
Charlie Schmidt	Luke Schulz
Hayley Real	Max Voller
Kiera DiSanto-Searle	Asha Swanson

## *COMMUNITY NEWS*

### **KITCHEN KIDS COOKING CLASSES**

If you are aged 5 to 12 and want to learn to cook with hands on experience, creating and tasting delicious recipes each week. Fulham Community Centre, 5 weeks Monday afternoons 4pm to 5.30pm

14<sup>th</sup> May

21<sup>st</sup> May

28<sup>th</sup> May

4<sup>th</sup> June

18<sup>th</sup> June

Cost \$60 for 5 weeks. Contact 82351644 or email [admin@fulhamcc.com.au](mailto:admin@fulhamcc.com.au) for bookings.

### **ENTERTAINMENT BOOKS**

Once again, Fulham North will be selling Entertainment books as part of our fundraising efforts for the year. Books are now available from the Front Office or you can purchase a digital version.

You can order your membership from us at <https://www.entertainmentbook.com.au/orderbooks/161073h>